

Lovington Church of England Primary School

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HEAD LICE PLEASE TAKE THE TIME TO READ THIS SHEET AND KEEP FOR FUTURE REFERENCE

Dear Parents/Carers,

A case of head lice has been reported in school today. Incidents of head lice in school can be a recurring problem. Therefore, we all need to be vigilant to keep on top of the problem.

It is important that you please:

- **Look at your child's hair this evening**
- **Treat straight away if necessary**
- **It is VITAL that you treat the whole family to prevent re-infection**
- **Check your family's hair on a daily basis**

Wet combing method

It is possible to treat head lice without the use of harmful chemicals. If you find lice, you can use the following recommended wet combing method -

- Wash hair in the normal way with an ordinary shampoo.
- Using lots of conditioner and while the hair is very wet, comb through from the roots with a fine tooth comb. Make sure that the teeth of the comb slot into the hair at the roots with every stroke, and do this over a pale surface, such as a paper towel or the bath.
- Clean the lice off the comb between each stroke.
- Wet lice find it difficult to escape, and the hair, which is slippery from conditioner, makes it hard for them to keep a grip - so removal with the comb is easier.
- If you find lice, **REPEAT EVERY 3 - 4 DAYS FOR TWO WEEKS**, so that any lice emerging from the eggs are removed before they can spread.

Facts about Head lice

- Head lice are spread by climbing from head to head. They cannot fly, jump or swim.
- Head lice lay their eggs on the hairs near the roots. Old eggs are found on the hairs further along as the hair grows, and the empty egg cases are called nits.
- It does not make any difference whether hair is long or short, clean or dirty.
- To help with the problem, long hair **MUST** be tied back.

Yours sincerely

Mrs Misha Cook
School Receptionist
