



PHSE

AT LOVINGTON C OF E PRIMARY SCHOOL

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Intent

Personal, Social and Health Education (PSHE) at Lovington Primary School enables our children to develop the knowledge, understanding, skills and attitudes that they need to lead confident, healthy and independent lives.

We aim for children to become informed, active and responsible members of the community, home and our society. Our PSHE curriculum supports children to make decisions and to tackle many of the moral, social and cultural issues that are part of growing up. It will give children essential skills for building positive, enjoyable and respectful relationships and ensures they have the knowledge to be able to stay safe both on and offline; with children knowing where to go for help if they need it. Our curriculum enables children to explore their own and others' attitudes and values and promotes building self-esteem, confidence and well-being. We aim for children to feel confident and informed as a British citizen, both now and in the future.

Implementation

PSHE is part of our broad and balanced curriculum, and is taught across each year group. Our curriculum has been designed through consultation with staff, children, governors and parents and fully meets the requirements set out in the statutory guidance for Relationships, Sex and Health Education. British values

are entwined and promoted throughout the whole curriculum.

PSHE is taught on a weekly basis throughout the year, and each year group will follow the

KAPOW plan.

Areas of study the children cover include:

- Family and Relationships
- Health and Wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing
- Identity (Year 6 only)

Each area is revisited every year, taking on more challenging content and discussions as the children progress through KS1 and into KS2.

PSHE and personal development is not only delivered through discrete weekly lessons, but is also promoted across the curriculum and in all aspects of school life, developing our core principals of independence, communication, confidence and motivation. For example, we ensure that we focus on key national campaigns such Children's Mental Health week and road safety alongside other national events with our pupils continually promoting the work that we do within PSHE. It also links closely with our Religious Education curriculum.

All teaching is inclusive of all pupils and families and our lessons are delivered in a balanced, non-judgmental way. All teachers set ground rules with their class to ensure that everyone feels safe to participate and understands boundaries around behaviour and questions. Pupils' questions will always be answered in a factual, age-appropriate way.

Impact

Children at Lovington Primary School will

- Be able to develop and understand respectful relationships.
- Have an understanding about how to use technology safely and know where to get help.
- Build their confidence to tackle real life problems and apply their skills when navigating modern life.
- Demonstrate the qualities and attributes we strive for and recognise our British Values.
- Understand that people have different lifestyles and are respectful of different choices.
- Understand the importance of healthy lifestyles

Assessment

The impact of our PSHE provision will be measured through

- Discussions with pupils and pupil interviews so that their voice is heard.
- Governor monitoring.
- Monitoring of PSHE work that demonstrates the children's thoughts and understanding.
- Greater awareness and whole school reflection on well-being.
- Liaison with the ELSA practitioner, wellbeing lead and SENCO.

The final result of the work around our PSHE curriculum will be that our pupils leave Lovington Primary School with a confident image of themselves as valued people who are better equipped to manage situations that arise in their lives, both socially and personally.

The inclusion of safeguarding and internet safety provides our children with a safe environment, in which they learn how to deal with the constant pressures of social media that confront them today. They will move forward into the world as happy, confident, motivated and resilient young people.