

Lovington Church of England Primary School

Lovington
Castle Cary
Somerset
BA7 7PX



Telephone: (01963) 240305

Email: lovingtonoffice@fossefederation.co.uk

Website: www.fossefederation.co.uk

Headteacher: Mrs Emma Marshall

Tuesday 8th October

Dear Parents,

Hello Yellow - Thursday 10th October 2024

We will be joining thousands of schools across the UK and taking part in Hello Yellow in support of YoungMinds on **Thursday 10 October (World Mental Health Day)**, where we'll be holding a non-school uniform day and asking everyone to wear something yellow.

There are days when all of us struggle with how we are feeling. Things can get tough, and it can be difficult knowing how to cope. For so many young people, when this happens, they don't always get the help they need, when they need it. They don't know where to turn, who to talk to, or even if anyone else feels the same. No young person should feel alone with their mental health. But together, we can change this.

To take part, students can wear yellow to school, and we'd like to ask parents and carers to consider donating to help YoungMinds keep fighting for young people's mental health. Our suggested donation is £2 which can be donated on our JustGiving page:

https://www.justgiving.com/page/lovington-1728311273810?utm_medium=fundraising&utm_content=page%2Flovington-1728311273810&utm_source=copyLink&utm_campaign=pfp-share

Finally, YoungMinds have resources for parents and carers to find help and advice, if you're ever concerned about a child or young person – you can find this on their website: www.youngminds.org.uk/parent.

Yours sincerely

Mrs Small

