

Lovington Church of England Primary School

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Wear your Scarf to School day – 7th February



Dear Parent,

The week beginning Monday 3rd of February is **Children's Mental Health Week**.

We'll be doing some special activities during this week to help children keep mentally well, using resources provided to us by Coram Life Education SCARF and on **Friday 7th of February**, to mark the end of this week, we'll be holding a special *Wear your Scarf to School day*.

SCARF is a big part of our health and wellbeing/PSHE curriculum where we learn about all the things we can do to keep ourselves physically and mentally healthy. On *Wear your SCARF to school Day* children are invited to wear a special or favourite scarf all day in school. We'll be doing some special activities to help us remember and celebrate SCARF's important values of Safety, Caring Achievement, Resilience and Friendship.

Coram Life Education SCARF is a children's health and wellbeing that works throughout the UK to provide high-quality PSHE education for primary-age children. You can find out more about Coram Life Education by visiting their website www.coramlifeeducation.org.uk and about their [SCARF PSHE resources here](#).

Thank you for your support with this important part of your child's education.

Mrs E Dallard
